Commuter Survey

1. Please record the approximate time that you are completing this survey.
   __________ (EX: 7:30 AM)

2. What did you do during your commute this morning? Please mark all options that apply.
   ___Talked to someone on the train
   ___Talked on the phone
   ___Read a book or newspaper
   ___Slept
   ___Thought (by yourself)
   ___Worked on a computer
   ___Other: ______________________________

3. How happy do you feel after your commute this morning? Circle your response.
   0 1 2 3 4 5 6
   Not at all happy
   Somewhat happy
   Very happy

4. How sad do you feel after your commute this morning? Circle your response.
   0 1 2 3 4 5 6
   Not at all sad
   Somewhat sad
   Very sad

5. How pleasant was your commute this morning, compared to your normal commute? Circle your response.
   -3 -2 -1 0 1 2 3
   Much less pleasant than usual
   No more or less pleasant than usual
   Much more pleasant than usual

6. How productive were you (that is, how much did you accomplish) during your commute this morning, compared to your normal commute? Circle your response.
   -3 -2 -1 0 1 2 3
   Much less productive than usual
   No more or less productive than usual
   Much more productive than usual

PAGE 1 of 3. Please turn the page over and fill out the backside.
7. Did someone sit next to you during your commute? Circle your response.

YES

NO

Please only answer questions 8 through 11 if you spoke with someone this morning.

8. Please write as much as you can remember about the person with whom you spoke (name, ethnicity, age, occupation, etc.)

___________________________________________________

___________________________________________________

___________________________________________________

9. For approximately how long did you speak to the person?

______________ minutes

10. How pleasant was your conversation with the person? Circle your response.

<table>
<thead>
<tr>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not at all pleasant</td>
<td>Somewhat pleasant</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Very pleasant</td>
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</tbody>
</table>

11. What is your overall impression of the person? Circle your response.

<table>
<thead>
<tr>
<th>-3</th>
<th>-2</th>
<th>-1</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
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</thead>
<tbody>
<tr>
<td>Very negative</td>
<td>Neutral</td>
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<td></td>
<td>Very positive</td>
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12. Did you do anything differently during your commute this morning than you would normally do? Circle your response.

YES

NO

13. What do you normally do during your morning commute? Please mark all options that apply.

___Talk to someone on the train
___Talk on the phone
___Read a book or newspaper
___Sleep
___Think (by yourself)
___Work on a computer
___Other: ______________________________

PAGE 2 of 3. Please turn the page over and fill out the backside.
14. For each of the following items, check one box to indicate your response. There should be one check per row.

I see myself as:

<table>
<thead>
<tr>
<th></th>
<th>Disagree strongly</th>
<th>Disagree moderately</th>
<th>Disagree a little</th>
<th>Neither agree nor disagree</th>
<th>Agree a little</th>
<th>Agree moderately</th>
<th>Agree strongly</th>
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</thead>
<tbody>
<tr>
<td>Extraverted, enthusiastic</td>
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<tr>
<td>Critical, quarrelsome</td>
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<td>Dependable, self-disciplined</td>
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<td>Anxious, easily upset</td>
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<td>Open to new experiences, complex</td>
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<td>Reserved, quiet</td>
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<td>Sympathetic, warm</td>
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<tr>
<td>Disorganized, careless</td>
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<td>Calm, emotionally stable</td>
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<td>Conventional, uncreative</td>
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</table>

Thank you!

PLEASE DROP THIS ENVELOPE WITH THE COMPLETED QUESTIONNAIRE INTO A MAILBOX AT YOUR EARLIEST CONVENIENCE.