Experience Survey

You just sat in a room and waited while the experimenter prepared some materials for their next study. We want to know about how that waiting experience was for you. Please tell us honestly about the experience that you just had.

1. What did you do while you waited? Please mark all options that apply.

___Talked to someone
___Read a magazine
___Slept
___Thought (by yourself)
___Other: ______________________________

2. How pleasant was your break during this experiment?

0 1 2 3 4 5 6
Not pleasant at all Somewhat pleasant Very pleasant

3. How productive were you (that is, how much did you accomplish) during your break? Circle your response.

0 1 2 3 4 5 6
Not productive at all Somewhat productive Very productive


0 1 2 3 4 5 6
Not at all happy Somewhat happy Very happy

5. How sad do you feel right now? Circle your response.

0 1 2 3 4 5 6
Not at all sad Somewhat sad Very sad

Please turn to the back page to continue this survey!
Please answer questions 6-11 only if there was another person sitting in the waiting room with you. We are interested in your impressions of that person.

6. Did you know the other person before this experiment? Circle one: YES NO
   • If you circled “yes”, how well did you know them?

   |   |   |   |   |   |
   | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
   | Not very well (had recently met) | Somewhat well | Very well (long-time friends/enemies) |

7. What was the person’s gender, age, and ethnicity? (If you don’t remember, leave this blank.)


8. If you had a conversation with the other person, please tell us about that conversation. What exactly did you talk about?


9. If you had a conversation, for approximately how long did you speak to the person?

   __________ minutes

10. If you had a conversation, how pleasant was that conversation? Circle your response.

   |   |   |   |   |   |
   | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
   | Not at all pleasant | Somewhat pleasant | Very pleasant |

11. What is your overall impression of the person? Circle your response.

   |   |   |   |   |   |
   | -3 | -2 | -1 | 0 | 1 | 2 | 3 |
   | Very negative | Neutral | Very positive |
12. Did the experimenter give you instructions about something to do while you were waiting for her to prepare materials?
   YES    NO

If you just answered “YES,” we want to know more about how much control you felt you had in whether or not you had to follow those instructions. For instance, you may have felt like the instructions were mandatory, you had no choice at all, and you had to follow the instructions. Or you may have felt like the instructions were optional and you could choose not to follow them. Oftentimes you might feel somewhere in the middle: that you had some choice in whether to follow the instructions. Please tell us how you felt about the instructions using the scale below:

1  2  3  4
I had no choice but to follow instructions (e.g., they seemed entirely mandatory)
I had a little choice about following instructions (e.g., they seemed somewhat mandatory)
I had a good deal of choice about following instructions (e.g., they seemed somewhat optional)
It was completely my choice to follow instructions (e.g., they seemed entirely optional)

13. How long did the break feel?

Enter how many minutes you think it was: ________ minutes

1  2  3  4  5  6  7
Time dragged
Pretty normal
Time flew

14. Please indicate your gender: [ ] Male [ ] Female

15. Please indicate your age: __________ years

16. How would you describe your race/ethnicity? Check all that apply.

   [ ] Asian or Asian American   [ ] Black or African American
   [ ] Hispanic or Latino        [ ] Non-Hispanic White
   [ ] Other

17. Is English your first language? (Circle one).  YES    NO

Please turn to the back page to continue this survey!
Do you have any other comments about the study? If so, please write them here.

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