

# **L&S 160B      Effective Personal Ethics for the 21<sup>st</sup> Century**

Preliminary Values Exploration

Name/Section: \_\_\_\_\_

[All submissions will be considered confidential.]

Spend at least 5 minutes each considering and responding to the following questions. You may use this or a separate sheet for your answers.

1. For what purpose was I born?
  
  
  
  
  
  
  
  
  
  
2. What do I want from life?
  
  
  
  
  
  
  
  
  
  
3. What am I willing to give to life?
  
  
  
  
  
  
  
  
  
  
4. What main sources have established my most important current values?
  
  
  
  
  
  
  
  
  
  
5. What is the most important human quality?
  
  
  
  
  
  
  
  
  
  
6. If I found out today that I had only 5 hours left to live, what would I most regret not having done?
  
  
  
  
  
  
  
  
  
  
7. If I had only one year to live, what would I do with it?