L&S 160B  Effective Personal Ethics for the 21st Century

Preliminary Values Exploration  Name/Section: ______________________________

[All submissions will be considered confidential.]

Spend at least 5 minutes each considering and responding to the following questions. You may use this or a separate sheet for your answers.

1.  For what purpose was I born?

2.  What do I want from life?

3.  What am I willing to give to life?

4.  What main sources have established my most important current values?

5.  What is the most important human quality?

6.  If I found out today that I had only 5 hours left to live, what would I most regret not having done?

7.  If I had only one year to live, what would I do with it?